

For Parents of Children under 12 Spaces Available

Please forward this email to share with parents and colleagues.

This course is funded by Herts County Council so is FREE for parents to attend.

TALKING FAMILIES

FREE COURSES for PARENTS

Mondays, 8.00 to 9.30pm (Course ID **833**)
1st, 8th, 15th, 22nd, 29th June & 6th July 2026

Wednesdays, 9.45 to 11.15am (Course ID **832**)
3rd, 10th, 17th, 24th June, 1st & 8th July 2026

6, weekly sessions for parents and carers of children under 12, sharing tips on how to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop a strong parent/child relationship now and for the future**

Booking essential

To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

Please include your phone number as we cannot book a place without speaking to you.

[View course on Website](#)

Details of all of our courses and workshops can be found on our website. <https://www.supportinglinks.co.uk/whatson.html>

Professionals can contact us for priority places for parents they are working with.
A referral form can be downloaded from our website: <https://www.supportinglinks.co.uk/contact.html>