



## Windermere Primary School Newsletter 5<sup>th</sup> December 2025

### A word from the Headteacher

We are well into the swing of Christmas excitement and preparations. The dining room is filled with the children's decorations on garlands which look fabulous. Our PTA did a wonderful job organising and preparing the grotto for Santa's visit today, making the Elfridges event truly magical, thank you. All classes, the whole school and choir are practising their songs for our Christmas Jingle on 18<sup>th</sup> December which we hope you will join us for.

Wishing you all a good weekend.

**Sarah Gilliver**

### Assembly Theme and Value

This half term we are exploring the themes of **Remembrance and Thankfulness**. We have been exploring everyday thanks and what we are thankful for. We have also linked thankfulness with joy and learned about how when we are grateful for what we have, we can be happier and healthier in our outlook to challenges. We have celebrated children who are thankful for the everyday things and those who take opportunities to give thanks.

### Your child and PTA need you!

We have had a number of parents ask whether there will be a Christmas Fair this year. Events like this can only run if there is enough parent help. Unfortunately, there have not been many offers of support so far this year, leaving the small but dedicated PTA group working incredibly hard. While the events raise additional funds for school, they also provide wonderful experiences for the children. For further events to be hosted for the children, more help is essential; just a small amount of time can make a big difference. Please speak to members of the PTA directly or via the office to find out how you can help.

### Local support for parents of children with SEND

Please see on the following pages leaflets with information about coffee mornings and workshops which may be of help.

### Attendance Matters

As part of our responsibilities to the Local Authority and DFE, we regularly monitor attendance for each child. Where attendance is below 90%, this is classed as persistently absent regardless of whether consecutive days or if spread out. Our Local Authority Attendance Officer will be visiting in early January to discuss individuals of concern. We will be sending out letters where absence is at, or heading towards the persistent level, to alert you and invite you to discuss how we can work together to secure attendance improvement before being referred to the Attendance Officer.

### Dates for your Diary:

12 <sup>th</sup> Dec	Rocksteady Concert 2:15pm
13 <sup>th</sup> Dec	Reception '26 Stay & play 10am-12pm
17 <sup>th</sup> Dec	Christmas Lunch
18 <sup>th</sup> Dec	Christmas Jingle (after school)
22 <sup>nd</sup> Dec to 2 <sup>nd</sup> January	Christmas Holiday
5 <sup>th</sup> January	INSET (school closed to pupils)
16 <sup>th</sup> January	Year R, 1/2 cake sale
16 <sup>th</sup> -20 <sup>th</sup> Feb	Half Term
19 <sup>th</sup> Feb	Game On holiday camp
5 <sup>th</sup> March	Year 6 Cake Sale
20 <sup>th</sup> March	Rocksteady Concert

### Ask Your Child...

This is a way to start to discuss your child's learning. You aren't expected to know the answers but can encourage them to share what they have been learning about.

R- What is The Nativity?

1/2- What did Neil Armstrong say when he landed on the moon?

3- Why is it important to weigh ingredients accurately?

4- What do humans use rivers for?

5- Can you explain how bread is made?

6- Can you teach me how to play the Pirate Game?



## SEND 25/26 Coffee Mornings

**DSPL7 & Vista St Albans+** host coffee mornings where School and SEND Family Workers are available to support parents / carers of children with SEND regardless of a diagnosis. This is an informal and safe place for parents / carers to share information and chat. The DSPL7 SEND Lead and other professionals may also be available for discussions. There is no need to book to attend this drop in session.

**Dates:** Mornings on 8<sup>th</sup> October, 25<sup>th</sup> November, 28<sup>th</sup> January, 17<sup>th</sup> March, 13<sup>th</sup> May & 30<sup>th</sup> June

**Time:** 9:15 - 11:30am

**Venue:** The Hub, Fleetville Junior School, 228 Hatfield Road, St Albans, AL1 4LW. The Hub is to the right hand side of the school building at the bottom of the car park. **There is no parking available onsite, but 3 hours free parking is available nearby in Morrisons supermarket.**

### Appointments

Running alongside our coffee mornings, there is also the opportunity to reserve a 20-30 minute appointment to speak to the following professionals between 9:30am - 12:00pm.

**To book an appointment:**

Please email  
admin@dspl7.org.uk

Dates	Professionals attending
Wednesday 8 <sup>th</sup> October	Thelma Mugovera - Ask Sali (EHCP advice)
Tuesday 25 <sup>th</sup> November	Harri Nicholas - NESSIE - Anxiety, Mental health & EBSNA
Wednesday 28 <sup>th</sup> January	Laura Tarrant - ASD & PDA
Tuesday 17 <sup>th</sup> March	Jess Pickle - First Steps, eating disorders, ARFID
Wednesday 13 <sup>th</sup> May	Tanya Suri - Speech & language
Tuesday 30 <sup>th</sup> June	Elaine Bridle- ADHD

**Vista contact details: EMAIL:** info@vistasupportservices.org.uk

**WEBSITE:** vistasupportservices.org.uk **TEL:** 01727 519128

**DSPL7 contact details:** 01727 519229 admin@dspl7.org.uk

www.dspl7.org.uk



Windermere Primary School  
Newsletter 5<sup>th</sup> December 2025

**Parent & Carer Support**  
**TALKING ASD & ADHD**  
**Workshops Spring 2026**



Workshops are FREE to parents and carers living in Hertfordshire of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

Eventbrite Page

<https://www.eventbrite.co.uk/cc/talking-asd-adhd-for-parentscarers-in-herts-1046969>

**RESPONDING to ANGER**



- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

**Thursday 22<sup>nd</sup> January, 7.30-9.15pm**

Workshop SL809 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-responding-to-anger-809-for-parentscarers-in-herts-registration-1814636258899>

**THE TEENAGE YEARS**



- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- How to agree appropriate boundaries and teach risk assessment.
- Help teens develop independence skills.

**Monday 26<sup>th</sup> January, 7.30-9.15pm**

Workshop SL808 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-the-teenage-years-808-for-parentscarers-in-herts-registration-1813912474039>

**SIBLING STRUGGLES**



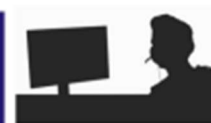
- What to do when your children fight or argue.
- Dealing with jealousy and unfairness.
- Recognising the pressures on siblings.
- Develop a network of support.
- Helping your children to communicate with each other without conflict.
- Managing your own difficult feelings and helping your children to manage theirs.

**Tuesday 24<sup>th</sup> February, 7.30-9.15pm**

Workshop SL811 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-sibling-struggles-811-for-parentscarers-in-herts-registration-1814783268609>

**TECH USE**



- Understand your child's use of Social Media, Gaming & the Internet
- The effect of strategies such as banning, strict time limits or using devices as a reward or consequence.
- Teach children how to manage their tech use, stay safe online and switch off.
- Improve communication and reduce conflict.

**Tuesday 24<sup>th</sup> March, 9.30-11.15am**

Workshop SL810 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-tech-use-810-for-parentscarers-in-herts-registration-1814951070509>

Follow us on:



Newsletter: <https://supportinglinks.eo.page/png1q>

[info@supportinglinks.co.uk](mailto:info@supportinglinks.co.uk)  
[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)

Funded by Hertfordshire County Council's Targeted Parenting Fund

