

## 2. RELATIONSHIP SUPPORT

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### INFORMATION

#### MAINTAINED SCHOOLS/ ACADEMIES/ MULTI ACADEMY TRUSTS & SCHOOL NURSERIES

Author: Nicola Wilder

Contact: [Nicola.Wilder1@hertfordshire.gov.uk](mailto:Nicola.Wilder1@hertfordshire.gov.uk) 01442 454297

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**Upcoming Parenting When Separated course at the Otley Family Centre Watford is now taking referrals.**

**Parenting When Separated:** A 6-week group-based course for separated parents that focuses on the emotional impact of separation and supporting communication between co-parents.

This course is available to all Hertfordshire parents and carers for free.

#### **Upcoming course date:**

Face to Face course at The Otley Family Centre, Otley Way, WD19 7TB  
Every Friday between 7 Mar - 11 Apr 2025, 10am – 1pm

#### **How to register:**

Both parents and professionals can complete the [Parenting When Separated Referral Form](#)



And:

**Family Lives have a course coming up for parents of children with SEND to support co-parenting skills and child development.**

The course is free for all Hertfordshire parents and carers.

#### **Who should attend?**

Separated or separating parents of neurodiverse children seeking guidance, support, and strategies for co-parenting more consistently.

#### **Upcoming course dates:**

A free 6-session course developed by Family Lives and delivered online via Microsoft Teams.

- Every Monday between 24 Feb - 31 Mar 2025, 7pm - 9pm
- Every Tuesday between 25 Feb - 1 Apr 2025, 9.30am - 11.30am

#### **How to register**

[Complete a Family Lives referral form](#) if you're a parent of a SEN child or a professional referring someone you know.

Alternatively, get in touch via: Email: [services@familylives.org.uk](mailto:services@familylives.org.uk) Phone: **0204 522 8700** or 0204 522 8699