



Windermere Primary School

PSHE and Drugs Policy

Aim

PSHE, Citizenship and Drug Education enable children to develop the knowledge, skills and attitudes they need to be safe, confident, healthy and happy in the modern world and be well-prepared for their rights and responsibilities as citizens in a diverse and multicultural society.

Objectives

The objectives of PSHE, Citizenship and Drug Education are to enable the children to:

- Encourage the development of a personal, spiritual and moral code rooted in the school's aims and values and to make informed choices.
- Develop a safe and trusting environment by establishing ground rules with the children.
- Know and understand a healthy lifestyle.
- Understand what makes good relationships with others and develop them.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Be independent members of a community, such as school.
- Be positive and active members of a democratic society.
- Be aware of safety issues.
- Develop strategies to resist pressure from peers.
- Provide children with knowledge and information about the rules and laws relating to legal and illegal drugs and the harmful effects they can have on people's lives.
- Let children know what they should do if they come across drugs or are aware of other people misusing drugs.
- Help children respect their own bodies and dissuade them from becoming involved in drug abuse.

Context

We teach PSHE, Citizenship and Drug Education in the context of the school's aims and values framework with an awareness of the moral code and values which underpin all our work in school.

We participate in the National Healthy Schools Standard scheme, which promotes health education. As participants in the scheme we consult with parents on matters of health education policy.

The views of all pupils including those with special educational needs are reflected in classroom activities.

Organisation

PSHE and Citizenship is embedded in many curriculum areas, such as science, literacy, PE, P4C and RE, but is also taught as a discrete subject. We encourage other valued members of the community to work with us to provide advice and support to the children.

We also develop PSHE, Citizenship, and Drug Education through various activities and whole school events e.g. assemblies, circle time meetings and charity fundraising.

PSHE & Citizenship

Some aspects of PSHE are taught using the SEAL programme (Social and Emotional Aspects of Learning) which promotes good emotional health and behaviour for learning. SEAL materials focus on good relationships and respecting the differences between people. These topics are linked to the Child of the Week criteria in the weekly celebration assembly. Assemblies are also used to enhance the teaching of PSHE by focusing on key topics such as inspirational people, sun safety, fire safety and e-safety. Children are taught how to play an active role as citizens and are encouraged to develop healthy lifestyles (for example by knowing the importance of a healthy diet and regular exercise) through PSHE.

Children are taught PSHE through a number of different approaches including discussion, drama and role play, as well as active learning techniques such as sorting statements and Diamond Nine activities. Philosophy for Children (P4C) also develops pupils' social and personal skills.

They are also taught about a range of jobs and how they will develop skills to work in the future. Visits and visitors play an important part of PSHE curriculum e.g. Metrobank, the fire station (Crucial Crew) and the school nurse.

Relationships and Sex Education (RSE) is taught throughout the school using the Christopher Winter Project (CWP) resource, and includes keeping safe online and in relationships. See the associated Relationships and Sex Education Policy.

Drugs Education

This is taught through science topics and the CWP Drug Education resource.

At KS2 children are taught;

- Which commonly available substances and drugs are legal and illegal, their effects and risks.
- To identify risks associated with drug misuse.
- To be familiar with school rules relating to medicines, alcohol, tobacco, solvents and illegal drugs.
- Where to find help and support for problems arising from substance (including alcohol and tobacco) misuse.
- That pressure to behave in an unacceptable way can come from a variety of sources.
- To develop an increased responsibility for themselves and their behaviour.

Child Protection and Confidentiality

PSHE, Citizenship and Drug Education may bring about disclosures of child protection issues. Staff should be aware of procedures for reporting their concerns, and who is the DSP(see Child Protection Policy).

If a member of staff is concerned that a child is at risk or in danger, they should refer to the Child Protection Policy and follow procedures.

Ensure that pupils know that staff cannot offer unconditional confidentiality, but make them aware of sources of confidential help e.g. young person's advice service, GP or Childline.

Assessment for Learning and Recording

Assessment in PSHE, Citizenship and Drug Education can include:

- Observing and questioning the pupils during lessons
- Looking at displays/visual aids
- Discussion in class assemblies
- Pupil interviews
- Pupils' work
- Peer assessment

Children's progress in PSHE is reported to parents in their annual reports in the Personal and Social Development section.

Role of Headteacher

It is the responsibility of the Headteacher to ensure that both staff and parents are informed about PSHE, Citizenship and Drug Education and that staff are given sufficient training so that they can teach effectively and handle any difficult issues with sensitivity.

Role of Parents

We wish to build a positive and supporting relationship with the parents of children at our school through mutual understanding, trust and cooperation. In promoting this objective we:

- Inform parents about the school's PSHE policy and practice.
- Answer any questions that parents may have about the PSHE of their child.

Monitoring and Review

The PSHE subject leader is responsible for monitoring the coverage and quality of the teaching and the standards of children's work. They support colleagues in their teaching by giving them information about current developments in the subject.

Sarah Gilliver, June 2023

Agreed with governors	<i>L Fugle</i>	Date: 27/06/23
Reviewed		Date:
Reviewed		Date:
Reviewed		Date:
Reviewed		Date: